

STAT PROCEDURE

A STUDENT IS REFERRED TO STAT BY:

ANY ADULT IN THE BUILDING THAT WORKS WITH THE STUDENT (LS FACULTY, STAFF, ADMINISTRATOR, OR COACH)

LS STUDENT

GUARDIAN, PARENT

REFERRALS CAN BE THE RESULT FOR A STUDENT WHO IS CAUGHT USING OR POSSESSING A SUBSTANCE ON SCHOOL PROPERTY OR AT A SCHOOL FUNCTION

A REFERRAL CAN BE STARTED BY:

SENDING AN EMAIL WITH THE STUDENT'S NAME TO THE STAT CONFERENCE TO INITIATE A REFERRAL FORM OR BY PRINTING A FORM OFF THE IPASS FORMS, FILLING IT OUT, AND GIVING IT TO MJ WALSH.

WHAT HAPPENS NEXT?

MJ WALSH WILL SEND OUT A CONFIDENTIAL BEHAVIORAL CHECKLIST (REFERRAL FORM) TO THE STUDENT'S CURRENT TEACHERS, COACHES AND CAMPUS AIDES. IT IS IMPERATIVE THAT THESE BE KEPT CONFIDENTIAL AND RETURNED TO MJ WALSH WITHIN 24 HOURS.

WITH THE INFORMATION PROVIDED FROM THESE REFERRAL FORMS AND OTHER INPUT FROM THE HOUSE MASTERS AND/OR COUNSELORS AS NEEDED, STAT MAKES ONE OF THE FOLLOWING DECISIONS:

IF STAT DETERMINES THAT THERE IS NO EVIDENCE TO SUPPORT THE REFERRAL, THEN THE CASE IS CLOSED.

IF STAT DETERMINES THAT THERE IS NOT SUFFICIENT EVIDENCE AT THIS TIME TO PROCEED WITH A FORMAL INTERVENTION, THE TEAM WILL CONSULT WITH THE PERSON WHO MADE THE REFERRAL TO DETERMINE THE BEST COURSE OF ACTION.

IF THE STAT TEAM DETERMINES THAT THE BEHAVIORAL EVIDENCE IS AT A CONCERNING LEVEL, THEY WILL PROCEED WITH A FORMAL INTERVENTION (SEE TIERS INSIDE).



www.prevent-drug-abuse.com



www.sbac.edu/.../People/people%20and%20globe.jpg

SUBSTANCE EDUCATION RESOURCES

FCD Educational Services: www.fcd.org

Center for Disease Control: www.cdc.gov/correctionalhealth/specialtopics.htm

Al-Anon/Alateen: www.al-anon.alateen.org

Freevibe, a kid friendly information site:
Freevibe.com

NIDA(National Institute on Drug Abuse) for teens: teens.drugabuse.gov

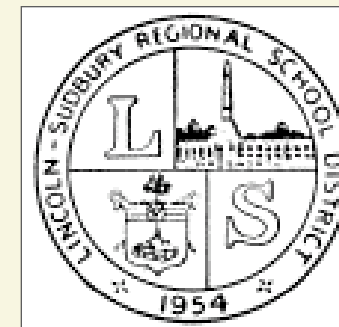
Substance Abuse and Mental Health Services Administration: www.samhsa.gov

Partnership For a Drug Free America:
www.drugfree.org

LINCOLN-SUDBURY REGIONAL HIGH SCHOOL
390 LINCOLN ROAD
SUDBURY, MASSACHUSETTS 01776
978-443-9961

STAT

STUDENT ASSISTANCE TEAM



WHAT IS STAT?

STAT provides confidential procedures for: identification, assessment, referral and post treatment support for students with substance issues.

Many students who use substances undergo physical and emotional changes which may impact school attendance, classroom behaviors, and/or academic achievement over time.

School personnel are encouraged to seek help for such students by making confidential referrals to STAT. Referral forms are available on ipass forms, in the clinical counseling suite or from MJ Walsh. Further participation by the referring individual is strictly optional.



STAT TIER SYSTEM



TIER ONE

STAT DEALS WITH INTERVENTIONS AS A HEALTH ISSUE RATHER THAN A DISCIPLINE ISSUE.

IT MAY NOT BE CLEAR THAT THE STUDENT IS USING, BUT THERE ARE CONCERNING SIGNS INDICATING THAT A “CHECK IN” IS A GOOD IDEA.

STAT AIMS TO REACH OUT TO KIDS BEFORE THEY GET INTO MORE SERIOUS TROUBLE.

ONE OR TWO PEOPLE FROM STAT HAVE A PRIVATE CONVERSATION WITH THE STUDENT. WE SHARE CONCERNS BUT DO NOT SAY SPECIFICALLY WHERE THEY CAME FROM. WE TRY TO HELP THE STUDENT UNDERSTAND THE PROCESS SO THEY FEEL CARED FOR RATHER THAN PARANOID OR SCRUTINIZED. THIS IS A CONFIDENTIAL PROCESS BETWEEN THE STUDENT AND THE STAT TEAM.

WE TRY TO LET THEM KNOW THAT IF THEY ARE USING, THERE ARE OBSERVABLE BEHAVIOR CHANGES AND PEOPLE CARE. WE MAY NOT HAVE PROOF AND THERE MAY BE A LOGICAL EXPLANATION FOR THE BEHAVIOR CHANGE, BUT THAT DOES NOT MEAN THAT WE SHOULDN'T BE CONCERNED. WE PROVIDE THE STUDENT WITH RESOURCES. THESE RESOURCES ARE PEOPLE AND PLACES (IN AND OUT OF SCHOOL) THAT CAN HELP THE STUDENT IF NECESSARY. SOMETIMES ISSUES THAT ARE NON-SUBSTANCE ABUSE RELATED ARE DISCOVERED, AND WE CAN MAKE SURE THAT THE STUDENT RECEIVES THE APPROPRIATE SUPPORT.

WE TRY TO EMPOWER STUDENTS TO GET HELP ON THEIR OWN TERMS BY PUTTING THEM IN THE DRIVER'S SEAT. WE ENCOURAGE THEM TO INCLUDE THEIR GUARDIANS IN THE CONVERSATION AND ASK IF THEY WOULD LIKE TIPS ON OPENING A DISCUSSION. WE ALSO ENCOURAGE THEM TO USE RESOURCES (INCLUDING AN L-S COUNSELOR) TO HELP THEM STOP THEIR OWN CONCERNING BEHAVIORS AND DEAL WITH PROBLEMATIC BEHAVIORS OF FRIENDS AND ADULTS IN THEIR LIVES.

WE ARE HOPING THAT THIS INTERVENTION WILL BE ENOUGH TO MAKE HEALTHY CHANGES HAPPEN AND PREVENT THE ISSUE FROM GROWING.

TIER TWO

THE STUDENT DISCLOSES THAT “YEAH, I USE, BUT IT IS NOT A PROBLEM” OR “I USE BUT DON'T SEE IT AS A PROBLEM.”

STAT FEELS THERE IS ENOUGH INFORMATION TO SUGGEST THAT THE STUDENT IS PROBABLY USING.

STAT “CREATES A CRISIS” BY FORCING GUARDIAN INVOLVEMENT.

THE PROCESS FOR A LEVEL TWO INTERVENTION IS VERY SIMILAR TO THE INTERVENTION THAT TAKES PLACE IN LEVEL ONE. THE INTERVENTION BECOMES MORE SERIOUS BECAUSE WE “CREATE A CRISIS” BY INVOLVING GUARDIANS BUT IS STILL NON-DISCIPLINARY AND CONFIDENTIAL TO THE STUDENT, THE GUARDIANS, AND THE STAT TEAM. THE CONCERN IS STILL BEING DEALT WITH AS A HEALTH ISSUE AND NOT A DISCIPLINE ISSUE.

GUARDIANS ARE STRONGLY ENCOURAGED TO PARTICIPATE IN A TRAINING FOR DEALING WITH TEENS AND SUBSTANCE USE.

OUR FOCUS IS STILL TO TRY AND EMPOWER THE STUDENTS TO GET HELP ON THEIR OWN BY PUTTING THEM IN THE DRIVER'S SEAT.



aspin.asu.edu

TIER THREE

THE STUDENT HAS HAD AT LEAST ONE AND POSSIBLY SEVERAL STAT INTERVENTIONS IN THE PAST.

THERE IS INDISPUTABLE EVIDENCE THAT STUDENT HAS REPEATED, COMPULSIVE, SUBSTANCE USE DESPITE INCREASINGLY NEGATIVE CONSEQUENCES.

STAT URGES PROFESSIONAL INVOLVEMENT OUTSIDE OF SCHOOL.

THE PROCESS FOR A LEVEL THREE INTERVENTION IS VERY SIMILAR TO THE INTERVENTION THAT TAKES PLACE IN LEVEL TWO. THIS IS STILL BEING DEALT WITH AS A HEALTH ISSUE.

IN ORDER TO UNDERLINE THE SERIOUSNESS OF OUR CONCERNS TO THE GUARDIANS AND THE STUDENT, WE RAISE THE INTENSITY AND CREATE A GREATER CRISIS BY INCLUDING THE SUPERINTENDENT IN THE INTERVENTION.

THE GOAL OF THE INTERVENTION IS TO IMPELL THE FAMILY TO SEEK SOME TYPE OF OUT OF SCHOOL SUBSTANCE ABUSE TREATMENT.

THE INTERVENTION IS DONE IN A CARING WAY, AND THE OUTCOME MAY VARY AT THE DISCRETION OF THE SUPERINTENDENT. IT IS STRONGLY SUGGESTED THAT THE STUDENT GETS TREATMENT. THE TREATMENT MAY INCLUDE ANY OF THE FOLLOWING: PROFESSIONAL SUBSTANCE ABUSE EVALUATION WITH THE ADDED REQUEST THAT ALL RECOMMENDATIONS BE FOLLOWED, DETOX OR REHAB, AND PARTICIPATION IN ON-GOING SUBSTANCE ABUSE COUNSELING

GUARDIANS/PARENTS WILL BE URGED TO PARTICIPATE IN A TRAINING FOR DEALING WITH TEENS AND SUBSTANCE USE



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