

PERMISSION TO PARTICIPATE IN INTERSCHOLASTIC ATHLETICS

Permission is granted for _____ Class
of _____ to participate in interscholastic athletics at Lincoln-Sudbury Regional High
School during the school year of 2010-2011.

The undersigned recognize: (1) There are risks of injury or damage resulting from such participation. Any activity involving contact, motion or height creates the possibility of serious injury, including permanent paralysis and even death; (2) There may be costs in the event of such injury or damage and all costs, for the injury or damage and for any insurance against such risks, are the responsibility of the undersigned.

In the event of an injury requiring more than basic first aid, it remains the responsibility of the parent/guardian to make arrangements for medical care and transportation of his/her child. The school will make every reasonable effort to contact the parent/guardian in the event of such injury and provide an adult to accompany the injured athlete.

Emergency information is based on contacts you previously submitted to Lincoln Sudbury. You should also notify your physician that he/she is authorized to render care in the event that you cannot be contacted. An ambulance will transport athletes with serious injuries to the nearest hospital. The emergency room will not treat your child (except for life threatening injuries) unless a parent/guardian or personal physician gives injury specific approval.

SIGNED: _____

Date: _____

Continue to Page 2.....PARENTS AND
ATHLETES MUST SIGN OFF ON THE MIAA
CHEMICAL HEALTH RULE

MASSACHUSETTS INTERSCHOLASTIC ATHLETIC
ASSOCIATION
MIAA CHEMICAL HEALTH RULE 62.1

A student shall not, regardless of the quantity, use, consume, possess, buy/sell or give away any beverage containing alcohol; any tobacco product; marijuana; steroids; or any controlled substance. This policy includes products such as "NA or near beer". It is not a violation for a student to be in possession of a legally defined drug specifically prescribed for the student's own use by his/her doctor.

The Chemical Health Rule has been extended to be inclusive of the period from: the first allowable day of fall practice, through the end of the academic year or final athletic competition of the year, whichever is later. (Broadening this window from "in season" to the entire academic year reflects that chemical health of our students is not simply a seasonal concern.) This rule represents only a minimum standard upon which schools may develop more stringent requirements.

This MIAA statewide minimum standard is not intended to render "guilty by association", e.g. many student athletes might be present at a party where only a few violate this standard.

If a student in violation of this rule is unable to participate in interscholastic sports due to injury, academics, or otherwise, the penalty will not take effect until that student is able to participate again.

Minimum Penalties:

First Violation: When the Principal confirms, following an opportunity for the student to be heard, that a violation occurred, the student shall lose eligibility for the next consecutive interscholastic contest totaling 25% of all interscholastic contests in that sport. For the student, these penalties will be determined by the season the violation occurs. No exception is permitted for a student who becomes a participant in a treatment program. It is recommended that the student be allowed to remain at practice for the purpose of rehabilitation. All decimal part of an event will be truncated i.e. All fractional parts of an event will be dropped when calculating the 25% of the season.

Second and subsequent violations: When the Principal confirms, following an opportunity for the student to be heard, that a violation occurred, the student shall lose eligibility for the next consecutive interscholastic contest totaling 60% of all interscholastic contests in that sport. For the student, these penalties will be determined by the season the violation occurs. All decimal parts of an event will be truncated i.e. All fractional part of an event will be dropped when calculating the 60% of the season.

If the second or subsequent violations the student of his/her own volition becomes a participant in an approved chemical dependency program or treatment program, the student may be certified for reinstatement in MIAA activities after a minimum of 40% of events. The director or a counselor of a chemical dependency treatment center must issue such certification. All decimal part of an event will be truncated i.e. All fractional parts of an event will be dropped when calculating the 40% of the season.

Penalties shall be cumulative each academic year. If the penalty period is not completed during the season of violation, the penalty shall carry over to the student's next season of actual participation, which may affect the eligibility status of the student during the next academic year.

WE HAVE READ THE ABOVE RULE:

ATHLETE _____ DATE _____

PARENT(S) _____ DATE _____