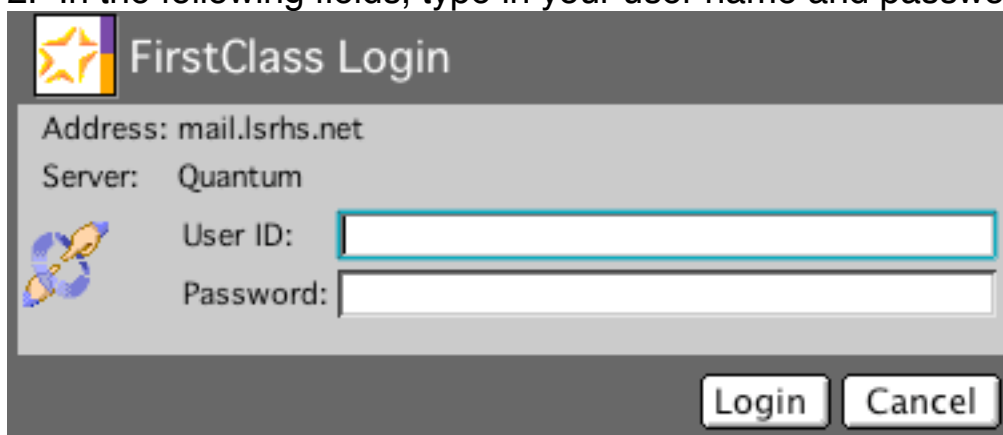


# How to Access L-S E-Mail Accounts From Computers Outside of L-S

1. With an active internet connection, open a web browser such as AOL, Internet Explorer or Netscape Navigator, type the following URL: mail.lsrhs.net/login -- Or go to the lsrhs.net main page, and select Quantum under LS Email.
2. In the following fields, type in your user name and password:



FirstClass Login

Address: mail.lsrhs.net

Server: Quantum

User ID:

Password:

Login Cancel

3. Now that you have logged in, you can use quantum as if you were using it from school. Some buttons may be located in different parts of the screen and sending messages may be slower than you are used to, so please be patient.

Extra:

If you would like to use First Class as an application on your computer, visit [www.firstclass.com/clientdownloads](http://www.firstclass.com/clientdownloads) to download a client program appropriate to your operating system. (Or go to the lsrhs.net main page and choose Download Client under LS Email.) After you have downloaded the client, configure it to connect to the following server for the best performance: 216.20.92.10

If you have any questions regarding home use, please E-Mail the TechHelp2 Conference either from home or at school.